High Peak Athletics Club

**Derbyshire mini league: Cross Country**

Sunnyfields, Buxton Rugby Club SK17 9PX

Sat 28th October 2023

Changing Rooms and refreshments are available.

The first race is at 11am and the running order of races are as follows, expected to finish ~12.30pm, Depending on numbers the U11 boys/ girls races, and U13 boys/ U15 girls races, maybe combined as they are over the same distance:

|  |  |  |
| --- | --- | --- |
| Under 11 girls | ~1.2km | 1 large lap (black to red) |
| Under 11 boys | ~1.2km | 1 large lap (black to red |
| Under 13 girls | ~1.8km | 1 small lap (black), 1 large lap (black to red) |
| Under 13 boys | ~3km | 1 small lap (black), 2 large laps (black to red) |
| Under 15 girls | ~3km | 1 small lap (black), 2 large laps (black to red) |
| Under 15 boys | ~4km | 1 small lap (black), 3 large laps (black to red) |

Note: Please can athletes and spectators refrain from going onto the playing area of the two top rugby pitches to warm up or for any other reason.